

*Don't really find
people "hot"?*

*Don't really
understand why sex
is such a big thing?*

You're not alone.

*You might be
asexual.*

For More Information:



Visit:

<http://www.whatisasexuality.com/am-i-ace/man/>

Am I Ace?

**A Man's Guide
To Asexuality**

Pamphlet Produced By:



In Association With:



AsexualityArchive.com

A Story About You

You're... *different*.

You've never been all that interested in sex, at least not like other people.

Maybe you spent your teenage years waiting for the spark of desire to kick in, but it never did.

Maybe you faked an interest, because you felt like you were supposed to be interested.

Maybe you've never really felt straight because women never did much for you, but at the same time, you knew you weren't gay because guys never did anything for you, either.

Maybe relationships have been a problem for you.

Maybe you've never had a relationship at all.

Maybe you've been to therapy for how you feel about sex.

Maybe you've been baffled by the seriousness and excitement that other people have when they talk about someone who's "hot".

Maybe you feel lost and broken and alone.

But maybe there's nothing wrong at all.

Maybe you're just asexual.

What's Asexuality?

Asexuality is a sexual orientation, like being straight or gay. When someone is straight, they're interested in people of a different gender. When someone is gay, they're into the same gender. But when someone is asexual, or "ace" as it's called, they're not really into anyone in that way. They simply don't experience sexual attraction. Asexuality isn't something that needs to be "fixed" or "cured", it's just a part of who you are.

Asexual? But I...

Many men dismiss the thought that they could be asexual because they mistakenly believe that asexuality means you're impotent or never masturbate. That is not the case. Asexual people might get erections. Asexual people might masturbate.

This confuses many people. Often, getting an erection is considered the extent of male sexuality. More specifically, some people think that if you can get it up, then someone was responsible for it getting up. Then, once it's up, if you do anything with it, they'll say that you have to be thinking of someone while you're doing it. That's a narrow and inaccurate view. Hard-ons can happen for any number of reasons, and sometimes people jack off just because it feels good, and sexual attraction is not a requirement for any of it.

There is a myth that men are supposed to be hypersexual. As a man, you're expected to think with your pants, to have as much sex as you can as often as you're able, and to brag about what you've done or plan to do. If you fail to live up to this expectation, your masculinity gets called into question. For many asexuals, this expectation can be difficult. Often, they'll feel pressured to conform, even if they have no desire to be like that. However, the entire hypersexuality idea is a ridiculous, false stereotype that has no basis in reality. You can be asexual and be a man, and there is absolutely nothing contradictory about that.

Again, to be perfectly clear: You can be asexual even if you can get an erection. You can be asexual even if you masturbate. You can be asexual even if you are a man.

What If I've...?

A lot of people doubt that they're asexual because of something they do or have done. Usually, this doubt is silly. Asexuality is about attraction, not action. In other words, it's how you feel, not what you do.

You can be asexual even if...

- ...you think someone is good looking.
- ...you're dating or are married.
- ...you have children or want to have them.
- ...you've fallen in love.
- ...you get aroused.
- ...you masturbate.
- ...you look at porn or read erotica.
- ...you've had sex.

And you can be asexual even if you haven't done any of those things.

Now What?

If the information here sounds like it describes you, then you might be asexual. And don't worry if you don't fit neatly into every little thing I wrote here: There's no one "correct" way to be asexual. You might even find that related things like gray-asexuality or demisexuality describe you better.

There are many places online where you can learn more about asexuality, and most social networks have a group of aces who are often more than willing to answer any questions you might have or to just listen to what you have to say. However, only you can decide whether or not you're asexual, because you know how you feel, and no one else does.

Most importantly, remember that you are not alone. There are others like you out there, even if you haven't seen them yet. At least 1 out of every 100 people is asexual, which is a lot bigger of a number than it sounds when you start to think about it.