

*Don't really find  
people "hot"?*

*Don't really  
understand why sex  
is such a big thing?*

*You're not alone.*

*You might be  
asexual.*

**For More Information:**



Visit:

<http://www.whatisasexuality.com/am-i-ace/woman/>

# **Am I Ace?**

**A Woman's Guide  
To Asexuality**

**Pamphlet Produced By:**



**In Association With:**



**AsexualityArchive.com**

## A Story About You

You're... different.

You've never been all that interested in sex, at least not like other people.

Maybe you spent your teenage years waiting for the spark of desire to kick in, but it never did.

Maybe you faked an interest, because you felt like you were supposed to be interested.

Maybe you've never really felt straight because men never did much for you, but at the same time, you knew you weren't a lesbian because women never did anything for you, either.

Maybe relationships have been a problem for you.

Maybe you've never had a relationship at all.

Maybe you've been to therapy for how you feel about sex.

Maybe you've been baffled by the seriousness and excitement that other people have when they talk about someone who's "hot".

Maybe you feel lost and broken and alone.

But maybe there's nothing wrong at all.

**Maybe you're just asexual.**

## What's Asexuality?

Asexuality is a sexual orientation, like being straight or gay. When someone is straight, they're interested in people of a different gender. When someone is gay, they're into the same gender. But when someone is asexual, or "ace" as it's called, they're not really into anyone in that way. They simply don't experience sexual attraction. Asexuality isn't something that needs to be "fixed" or "cured", it's just a part of who you are.

## Asexual? But I...

Many women dismiss the thought that they could be asexual because they mistakenly believe that all women are "like that." There's a dominant narrative that women aren't supposed to like sex, or that they'll only become interested once Prince Charming rides along. A quick glance around demonstrates that this stereotype is false. There are countless calendars which feature a different smoking hot fireman every month, and there are endless "Top Ten Guaranteed Ways To Have Mind Blowing Sex!" lists in women's magazines. If every woman actually was asexual, those calendars would have twelve pictures of firemen in full protective gear rescuing kittens from trees and those magazines would have "Top Ten Guaranteed Ways To Get Out Of Doing The Deed!" lists. Clearly, most women are not asexual.

On the flip side, some women don't believe they could be asexual, because they feel it's in some way a betrayal of sexual liberation. They've been told "Sex is awesome, women are allowed to want sex too!" their whole lives, and it's tough to admit that they just don't see the appeal. It's important to remember that the idea of sex-positive feminism is that women are allowed to have as much sex as they want, even if the amount they want is none at all. It is not a betrayal of feminist principles to not find anyone attractive.

Some women believe that asexuality means that you never become aroused and never masturbate. That is not the case. Asexual people might get wet. Asexual people might masturbate.

## What If I've...?

A lot of people doubt that they're asexual because of something they do or have done. Usually, this doubt is silly. Asexuality is about attraction, not action. In other words, it's how you feel, not what you do.

You can be asexual even if...

- ...you think someone is good looking.
- ...you're dating or are married.
- ...you have children or want to have them.
- ...you've fallen in love.
- ...you get aroused.
- ...you masturbate.
- ...you look at porn or read erotica.
- ...you've had sex.

And you can be asexual even if you haven't done any of those things.

## Now What?

If the information here sounds like it describes you, then you might be asexual. Don't worry if you're not completely sure at this point. You can think about it for as long as you like. And don't worry if you don't fit neatly into every little thing I wrote here: There's no one "correct" way to be asexual. You might even find that related things like gray-asexuality or demisexuality describe you better.

There are many places online where you can learn more about asexuality, and most social networks have a group of aces who are often more than willing to answer any questions you might have or to just listen to what you have to say. However, only you can decide whether or not you're asexual, because you know how you feel, and no one else does.

Most importantly, remember that you are not alone. There are others like you out there, even if you haven't seen them yet. At least 1 out of every 100 people is asexual, which is a lot bigger of a number than it sounds when you start to think about it.